

# NATURE WELLBEING PRESCRIPTION MODEL

**GPs or PWPs refer appropriate participants to the NWP programme**

Send participant details by email to the coordinator (also dedicated phone number)  
[contact@naturewellbeing.wales](mailto:contact@naturewellbeing.wales)

**Participants undertake an assessment session with provider**

Assessment is relayed back on the GP PWPs by the coordinator(s)

Participants can return to GP and/or continue with provider.

The coordinator contacts the participant to discuss opportunities and arrange an appropriate provider.  
Directory (also available to GPs/PWPs etc.)  
[www.naturewellbeing.wales](http://www.naturewellbeing.wales)

WE 14 point plus physical survey

**Participants are given post-programme assessment**

Participant given opportunity of self assessment during programme

**Participants take part in the programme with the provider**

